

# MT04100 COMMUNITY MENTAL HEALTH WORKER

Level 4

# **Reports to (Hierarchical)**

Head of Community Mental Health Workers

# Reports to (Functional)

Head of Community Mental Health Workers

#### **Job Family**

Medical and Paramedical

# **Main Purpose**

Providing optimal preventive and psychosocial aid to people with mental health and psychosocial needs at community level according t**MSF** principles, standards and procedures in order to provide the most appropriate mental health support for patients

#### Accountabilities

- Providing information and education to the affected population on mental health/psychosocial (psycho-education), according to specific needs
- Working together with other team members to prepare/produce various mental health psychosocial education messages/topics, according to specific groups and needs e.g. caretakers of malnourished children, population affected by armed conflict, etc.
- Identifying and appropriately referring patients who need medical or mental health assistance and providing psychological first aid to identified community members in need.
- Organizing supportive activities in the community (art for children, discussion sessions, etc.), if required.
- Ensuring that all patients attending MSF activities are well informed about services provided.
- Visiting families in their home/tent/shelter if required, in order to facilitate defaulters' tracing or to offer psycho-education.
- Attending supervision sessions and educational sessions with members of the team.
- Maintaining monitoring data and producing regular work reports to the supervisor.

Education

No specific degree required

# Experience

- Preferably coming from the beneficiaries' community and well accepted
- Desired experience in community and/or social work

# Languages

Mission language and local language/dialects essential

# Knowledge

- Desired knowledge of the affected population
- Strong communication, organizational and social skills (attentive listening, open attitude, empathy, sensitivity)
- Capacity to work in a multidisciplinary team
- Initiative, creativity and flexibility
- Capacity to adjustment to change
- Interest in helping vulnerable population

## Competencies

- Results and Quality Orientation L1
- Teamwork and Cooperation L1
- Behavioural Flexibility L1
- Commitment to MSF Principles L1
- Stress Management L2

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